

101 Instant Pot Recipes For Beginners Cookbook



101 Instant Pot Recipes For The Complete Beginner Recipe This

Welcome to my Instant Pot Recipes and more specifically 101 Instant Pot Recipes For The Complete Beginner. I wanted to put something together that would help those of you that are just starting out with their Instant Pot and want easy to follow Instant Pot recipes for beginners. Or those of you that have had it a while, but want to try some new easy Instant Pot recipes. These Instant Pot Beginner Recipes has been updated in September of 2018 after originally being written in February of 2017. Back then I was just a few months into my own Instant Pot journey and now I want to share even more of my Instant Pot knowledge with you. When you first get an Instant Pot it is like you are that teenager that is learning to cook for the first time. It is something new and you are often having issues with it and it's quite a scary experience. But I notice that far too many people don't start at the beginning, instead they jump straight in with a complicated recipe. Yet if you were a child your parents wouldn't let you loose with filleting fish, they would really make you peel loads of potatoes with an old potato peeler. So that is exactly what you should do with your Instant Pot. Start right at the beginning. Learn how to use the Instant Pot from scratch and learn the bare bones of cooking before you advance to complicated desserts or things that most of us don't cook until we have been cooking for a decade. Is Your Instant Pot STILL Sat In The Box? If this is don't worry it is a lot more common than you think. Because electric pressure cooking can be so different to what you are used to it can feel very daunting and it might be sat in the box for months. I'm a member of an Instant Pot for beginners FB group and it amazes me how many times I see posts, where they have returned the Instant Pot as they are frightened it will go wrong, or one meal they did turned out badly. Or from my point of view I always remember the mushy peas on the ceiling whenever I went around to my

Grandmas for dinner. But those were the old-style manual pressure cookers that sat on the stove and things have improved a lot since the 1980s. With the Instant Pot recipes below I have covered all the basics to get you started in the kitchen and build up your confidence with your Instant Pot. Do things step by step with something different every day or so and you will soon be a pro and wonder why you didn't get an Instant Pot Pressure Cooker years ago. I know I regret waiting until 2016 to get mine! It should always start [...]

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